# Introducing Simplyhealth



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Simplyhealth has been providing cost-effective, accessible, manageable health cash plans for more than 100 years.

#### Why should I see a dentist?

Keeping yourself dentally fit really isn't that difficult or expensive and it can make a huge difference to how you feel about yourself. Dental problems can contribute to lifelong oral and general health issues but many are preventable which is why looking after your oral health is so important. Seeing your dentist or hygienist as often as is recommended can help you avoid costly and complex dental treatments.

## Why choose a dental benefit?

Dental payment plans are a way of spreading the cost of your routine (check-ups, hygiene visits and x-rays) and restorative (crowns, bridges or fillings) dental care. A dental benefit is one that can be used on a regular basis – not just in an emergency.

The dental benefit also allows you to choose which dentist to go to, anywhere in the world, whether private or NHS which makes it easier to find one that is most convenient for you.

## Key features of a Simplyhealth dental plan

- No initial oral health check needed and pre-existing conditions covered (except treatment for mouth cancer, pre-planned treatment or treatment for dental injuries that take place before the cover started)
- Choice of any dentist anywhere in the world
- 24-Hour Worldwide Dental Emergency Helpline available in the event of a dental injury or dental emergency
- Worldwide emergency dental treatment and dental injury cover up to £10,800 per policy year.
- Mouth cancer cover up to £20,000 (cover not immediately available)
- Dependants can be included dental plan must be the same as yours
- Includes cover even if you are abroad

For full details of all the benefit limits see the Benefit Table.



#### How to make a claim

There is a simple claims procedure to follow. When your treatment has finished, you pay the dentist in the usual way, please get a fully itemised receipt.

Your claim for reimbursement can then be submitted online at

www.denplan.co.uk/employeeonline Please submit your claim within 60 days of treatment. You will then be reimbursed up to specific amounts, as shown in the table in the benefit literature. No preauthorisation is required and the dentist doesn't need to sign anything.

#### **Denplan Discount Network**

Simplyhealth have partnered with their UK network of dentists to offer you discounts off of dental treatment at participating practices. If you would like to find a Denplan Discount Network dentist you can search online at denplan.co.uk/ddn where you can find out who is offering a discount and what discounts they are offering. Alternatively, if you would like to look for more dentists, including those that are not part of the network, then go to www.denplan.co.uk/find-a-dentist or call Simplyhealth on 01962 828 007 (lines are open from 8.00am to 5.00pm Monday to Friday). Please see the Policy Handbook for further details.



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